

Calming Journeys Counseling, S.C.

220 Wisconsin Dells Parkway South, Suite #1, Wisconsin Dells, WI 53965 (608) 448-6418

The following contains the text messaging policy of Calming Journeys Counseling, S. C. and disclosure regarding certain security risks with text message communications.

Our communications regarding your contact with our agency are considered confidential. This authorization is to inform you about the lack of security in communicating through text messages.

‘Appointment reminders’ are the only communication our agency staff may conduct via text messaging. Neither patients nor providers should reply to text messages. If patients need to make changes or schedule an appointment, or to speak with a staff member, they must contact our office at (608) 448-6418 or email us at office@calmingjourneys.com

Text messages should not be used at any time for urgent matters. If you have an immediate need during business hours please contact the general agency number between 8 a.m. and 4:30 p.m. at **(608) 448-6418** to request assistance. In the case of an after-hours emergency, call the Calming Journeys Crisis After Hours line at **(608) 472-2421**. You may also contact the **988** for the suicide or crisis lifeline or the National Crisis Line at **1-800-533-5692**.

Information that we use or disclose based on this authorization may be subject to re-disclosure by anyone who has access to your phone and may no longer be protected by Federal privacy rules. You acknowledge if you choose text messaging as a means of communication with our staff that you have been informed about the lack of security of text messages.

Your signature here affirms that you have reviewed this information regarding text messages to staff at Calming Journeys Counseling, S.C., your consent for staff to contact you at the number you provided, and that you understand the limitations of communication through texting.

- I agree to text communication as defined in the guidelines above.**
- I decline text communication at this time and understand I have the option to use text in the future.**

Client Name (Print)

Client Signature/ Date

Parent/Guardian Signature (if under 18)/Date

Provider Signature/Date